

ABA THERAPY THROUGH TRICARE

A step-by-step guide for TRICARE enrollees



HOW TO ACCESS SERVICES



RECEIVE DIAGNOSIS

See your primary care provider for an evaluation or a referral



ENROLL IN EFMP AND ECHO

Active duty families have 90 days to enroll in EFMP and ECHO from the date of diagnosis.
* Mandatory to receive ABA



ABA REFERRAL FROM DIAGNOSING PROVIDER

Your primary care provider or diagnosing provider must submit a referral for ABA. Depending on the region, the referral must include:

TRICARE East: DSM-5 form and diagnostic report

TRICARE West: DSM-5 form, diagnostic report, and attestation form



FIND AN ABA PROVIDER

Do your homework, don't rely solely on TRICARE to find a provider. Seek out local facebook groups or look up local providers in your area. Schedule an appointment for evaluation.



COMPLETE OUTCOME MEASURES

The ABA provider will complete a Pervasive Developmental Disorder Behavior Inventory (PDDBI). The ABA provider may also complete the Vineland Adaptive Behavior Scales, Social Responsiveness Scale, and Parent Stress Assessments.

ABOUT THE ACD

The TRICARE Comprehensive Autism Care Demonstration (ACD) covers applied behavior analysis (ABA) services. Under the ACD, ABA services are authorized to target the core symptoms of autism spectrum disorder (ASD). It is currently authorized to run through Dec. 31, 2028.

ELIGIBILITY

To qualify for the ACD, your child must be:

- Enrolled in a TRICARE health plan
- Diagnosed with ASD by an approved provider



Scan for resources, forms, and more

